Welcome. Dear Chabot Community Member,

Welcome to Fall 2022 Program and Area Review! This is an "Update Year" in which we will ask you to **briefly** reflect on aspects of your own PAR submission and the overarching campus trends from the Fall 2021 Comprehensive PAR year. After your dean/manager has approved your PAR draft, please enter your responses here into Qualtrics\* (and for resource requests, enter into <u>Cognito</u>). This will allow the PAR committee to provide analysis of campus-wide trends to the college. (To see the analysis of last year's PAR data, check out the <u>Fall 2021 PAR Synthesis Statement</u>.)

\*Please plan to do your data entry in one sitting and remember to hit submit (we do not have control over whether partial responses in Qualtrics get saved)!
Thanks,

The Program and Area Review Committee

Q1. Has your dean/manager	approved your P.	AR and informe	ed you it is rea	dy to be	submitted a	as a final	draft
on Qualtrics?							

(	Yes

O No

## Q2. Background Information

Q3. What organizational unit and division does your program/area belong to?

\* If you are not sure which organizational unit your program/area belongs to, you might find it helpful to refer to this <u>list</u>.

Organizational Unit

Student Services 

Division

Counseling 

Name of Program, Discipline, Area or Service

CARES Mental Health

Q4. If you selected "Other" in the previous question, please enter your Program/Discipline/Area/Service name here

This question was not displayed to the respondent.

Q5. Name(s) of the person or people who contributed to this review:

David Irving, MFT Juztino Panella, MFT Sadie Ashraf, MFT

Q6. Which PAR Template (word template) did you fill out?

\*Please check this <u>list</u> to make sure that you filled out the correct template.

- Academic Programs
- Student/Admin Services/Office of the President

Q8.

**Context:** Last year, the PAR Committee analyzed ~100 PAR responses to the comprehensive Fall 2021 PAR. Based on this analysis, the PAR committee presented policy ideas in shared governance committees and to senior leadership. Additionally, Deans were asked to analyze PARs within their areas to identify "infrastructure or college wide issues needing immediate attention." The most frequently mentioned policy ideas and/or infrastructure issues are listed below.

Question: How important do you believe it is to address the following issues to support Chabot in carrying out our mission? Please drag the response options and order them from most important (1) to least important (7).

	Technological Systems: Examine Chabot's processes and structure for implementing and orienting employees to system-wide echnological change and consider ways to solicit campus-wide input.
5	Staffing Issues: Work with the district to further investigate hiring obstacles and collaboratively create policy solutions.
F	Facilities: Maximize usage of and planning for facilities
	Access to Counseling: Evaluate what funding, resources, or structural changes would be needed to ensure all students have access to he high quality counseling services that Chabot provides.
	Learning Communities: Research how to expand learning communities (e.g., Umoja, Puente, CIN, MESA, FYE, Guided Pathways, etc.) and learning-community-type supports to wider groups of students.
F	Funding: Secure funding for programs and college-wide events
5	Student Registration/Application Process: Improve registration/application process for students
	Question: If you believe there is an important issue to address to carry out the college mission is NOT mentioned in the previous list, please describe below (optional).
	Reflections on Goals Established in Fall 2021 PAR
colle	<b>Context:</b> In Fall 2021 PAR, after reflecting on data, you established program/area goals to support the ege mission and continuous program improvement. This spreadsheet lists the <u>goals you established in reall 2021 PAR.</u>
Que	estion: Please take a look at your goals to determine:
(	All goals are still relevant and nothing needs to be changed or added.
C	All goods are still relevant but Lyaydd like to add an additional good. (Dlagos fill in your naw good as we can undete
	All goals are still relevant, but I would like to add an additional goal. (Please fill in your new goal, so we can update the spreadsheet.)
C	
C	the spreadsheet.)  Some goals are relevant and some need to be changed. (Please explain below, so we can update your goals in the

O None of our goals are still relevant. We need to update all of them. (Please provide us with your new goals, so we

can update your goals in the spreadsheet.)

-	Question: What are the statuses of your program's/area's goals right now? (Note: You have the PAR cycle to complete the goals you established in your Fall 2021 PAR.)
$\circ$	All goals are achieved.
	Some goals are achieved and some are in progress.
$\bigcirc$	All goals are in progress.
$\bigcirc$	Some goals are in progress and some are not started.
$\circ$	No goals are started because [please explain in text box below].

Q13. Context: To assess how well you are doing with respect to meeting your program's/area's goals, you included expected goal outputs and outcomes in your Fall 2021 PAR.

"Outputs" are direct short-term results like # of students served, workshops held, etc. Longer-term goals might also have expected *outcomes*. "Outcomes" are longer-term results, like course success rates or degrees earned. Goals are often measured by whether "outputs" or "outcomes" are achieved.

The Office of Research, Planning and Institutional Effectiveness (ORPIE) posts a variety of data for programs/areas to assess goal "outcomes": <a href="mailto:enrollments and success rates">enrollment management</a>, <a href="mailto:success rates">success rates</a> of online vs hybrid vs face-face-classes, degree and certificate awards, and <a href="mailto:more">more</a>. To request additional data for goal assessment, please fill out a <a href="mailto:research request form">research request form</a> by Friday September 23, 2022. ORPIE will process requests in the order received. ORPIE will let you know whether they have the requested data and/or how your program/area could collect your own.

Question: So far, what is going well and what are some challenges regarding completing your program's/area's goals? You could include reflections on: achievement of outputs or outcomes and/or challenges with producing outputs or outcomes so far.

Goal 1 - Provide regular and timely in-service trainings for staff and interns For in-service, trainings were provided to our staff and interns monthly. These training included topics on cultural humility, trauma informed care, self-care, Safe Zone (LGBTQ+ support), crisis response, and clinical documentation. In addition to in-service trainings, we also provided trainings to employees of Chabot College. We created a Flex Day training in the Fall of 2021 that trained faculty and staff on the core processes of the CARES mental health program, including how to make referrals and how to support students in distress. In addition, we trained employees on how to use our Red Folder crisis, support tool and navigate our CARES website. We also offered Mental Health First Aid to Campus Safety, and Safe Zone train the trainer program to faculty and classified professionals. Goal 2 - Implement and utilize electronic medical records (EMR) In partnership with Las Positas College we have chosen an Electronic Medical Record (EMR) system that would support both mental health programs across the district. One of the challenges is the district approval process to move forward with purchasing the system. Goal 3 - Development of Protocols, Procedures, and Intern Handbook The Intern Handbook has been completed and has been used to support both last year and this year's program interns. The CARES Council has developed a draft of our protocols and procedures. We are presently (Fall 2022) receiving input from our entire CARES clinical team that we will use to develop the final draft in the Spring of 2023. Goal 4 - Mental health campus awareness events and promotion of wellness materials Spring 2022 we offered two wellness weeks (Suicide Prevention Week and Grief and Loss Week). The events included in these weeks were as follows: Suicide Prevention 101: How to Help a Friend on Campus Talk Saves Lives Out of the Darkness Walk and Resource Fair It's Real Film and Discussion Meditation for Healing Grieving with Grace Managing Grief and Loss Dancing with Grief "Muerte y Luto" Una convivencia en espano What to do when you don't know what to do We have also developed and distributed the Red Folders to the campus community. This was included in the new faculty orientation. As mentioned above we presented at Flex Day last fall. We have distributed a wellness magazine to the entire campus community at least once a semester. We currently are in our second year of our mental health ambassadors' program who support our overall campus outreach and engagement with students. Wellness Ambassadors provide mental health awareness, resource and de-stigmatization presentations in classrooms. They also offer wellness tabling, and partner in development and actualization of mental health outreach events. Goal 5 - Externship and curriculum development, partnering with Alameda County Behavioral Health As part of the Peer-2-Career Pipeline and in partnership with Alameda County Behavioral Health CBOs, we developed intern/externship agreements with three CBOs in Fall 2021. In Spring 2022, each of these organizations accepted Chabot students as interns and provided them with training and work-force-based learning experiences within their organization. Collaborated with Berkeley City College, we are in development of a Window of Tolerance module for their mental health Certificate.

Q14. Student Learning Outcomes (SLOs) and Program Learning Outcomes (PLOs)

This question was not displayed to the respondent.

*Q15.* **Context:** Assessment for SLOs and PLOs happens at varying times of year on a five-year cycle. SLO and PLO assessments are submitted in <a href="CurricUNET/META">CurricUNET/META</a>. Please take a look at the <a href="SLO Assessment Report">SLO Assessment</a> Report to answer the following.

Question: Is the assessment for all SLOs in your program up to date?

This guestion was not displayed to the respondent.

*Q16.* **Context:** In response to a core inquiry by the visiting accreditation team, the Outcomes and Assessment Committee updated PLO assessment questions to gather more robust evidence of continuous improvement. Programs will see these updated questions when they next log in to <u>CurricUNET</u>. Thanks to the programs who already filled out the updated PLO questions, we were able to create evidence of continuous improvement for our core inquiry report!

## Do I need to fill out the updated PLO questions in CurricUNET?

- Programs that submitted an incomplete PLO assessment or did not submit an assessment in the past five years DO need to fill out the PLO assessment in <a href="CurricUNET">CurricUNET</a>.
- o Programs who did not submit a complete PLO assessment are highlighted in pink on this <u>PLO</u> <u>Assessment Completion Report</u>
- Programs who are shown as having completed PLO assessments within the past five years on this <u>PLO Assessment Completion Report</u> do NOT need to fill out PLO assessments at this time. Completed PLO assessments are shown with a green box with a hyperlinked "X." You can wait to complete the updated PLO assessment on the regular five-year cycle.

If you are not sure whether you need to fill out the PLO assessment in CurricUNET, then email Lannibeth Calvillo@chabotcollege.edu or Dean Safiyyah Forbes sforbes@chabotcollege.edu.

Question: Has your program completed a PLO assessment in the last five years?

This question was not displayed to the respondent.

Q17. Context: Chabot strives to continually improve how we serve students and the community (assessment and continuous improvement are also requirements for accreditation). In your SLO assessments in CurricUNET/META, you are asked: "Based on assessment results, what actions might your discipline take to improve student learning?" Similarly, in the prior PLO assessments you were asked to describe "recommended changes/actions," and in the updated PLO assessments you are asked, "What are you planning to start doing, stop doing or change in order to continuously improve your program?" In the comprehensive PAR year (not this update year), you will be asked to report back on how your actions to improve SLOs and PLOs impacted student learning. In this update year, we are simply reminding you that your actions and plans to improve student learning, based on SLO/PLO assessment results, should be underway.

If you want to see how you responded to these SLO/PLO continuous improvement questions:

- Go to the SLO Completion Report and the PLO Completion Report.
- Look up your program by division, subject, and program name. There will be a hyperlinked "x" in the column for the year in which you submitted your SLO/PLO assessments.
- Click on the "x" and you can look up what you submitted as plans for SLO and PLO continual improvements (i.e., your responses to the questions on actions to improve student learning and continuously improve your program).
- If you have any questions about how to find your prior assessments, please email Lannibeth Calvillo at Icalvillo@chabotcollege.edu.

Question: Please check one of the following boxes to describe how your discipline is doing with regards to plans/actions for improving student learning based on SLO/PLO assessment data.

This question was not displayed to the respondent.

## Q18. Service Area Outcomes (SAOs)

Q19. <u>Context:</u> In response to a core inquiry by the visiting accreditation team, programs with service area outcomes were requested to fill out the <u>SAO Assessment Updates Survey</u> in Qualtrics. The majority of programs and areas filled this out and we were able to create an evidence document for our core inquiry report-great work Chabot!

Do I need to fill out the <u>SAO Assessment Updates Survey</u> in Qualtrics?

- Please refer to this <u>SAO 2022 Assessment Update SPREADSHEET</u>
- If your programs'/areas' "Date of Last Assessment," is listed as "NA newly created" or is blank (!), then please fill out the survey in Qualtrics.
- Additionally, if you did not fill out the survey in Qualtrics in 2022, then check in the spreadsheet to see if your "Results of Last Assessment" include clear plans for continuous improvement (i.e., ideas for things that you will do that make your program/area more successful). If not, you should also fill out the survey in Qualtrics.

Question: Please check the statement that best describes your program's/area's SAO assessments. Our program/area filled out the SAO Assessment Updates Survey in 2022 in Qualtrics. Our program/area did NOT fill out the SAO assessment Updates Survey in 2022 in Qualtrics, BUT we have assessed two SAOs in the past five years and our "Results of Last Assessment" include plans for continuous improvement. Our program/area has NOT filled out the SAO Assessment Updates spreadsheet in Qualtrics; however, we have a plan to do so by [fill in date MM/DD/YYYY] Other [fill-in] Q20. From Goals and SLO/PLO/SAO Continuous Improvement Plans to Resource Requests Q21. Context: The basis for Chabot's resource allocation process is grounded in reflections on: 1) PAR goals, 2) plans for improving student learning that are grounded in SLO and PLO assessment results, and 3) SAO assessment results. Please consider what augmentations or new resources might be needed to achieve: 1) your PAR goals, 2) plans to improve student learning, and/or 3) reach SAOs. Question: Which of your PAR goals, plans for improving student learning, and/or plans for reaching SAOs will need augmented or new resources? \*\*Note you will still need to enter resource requests into Cognito after submitting your PAR on Qualtrics. Goal 2 – To meet this goal we will need to establish a contract with an Electronic medical Record Provider. Q22. Optional: Campus-wide Reflection on Current Issue This optional section of the update-year PAR contains question(s) on current issues impacting our campus. Q23. As Chabot evolves our operating procedures in response to the Covid-19-pandemic: what does your program/area believe is important to keep in mind regarding online vs. hybrid vs. face-to-face instruction, service delivery, and working environments? Due to the onset of COVID 19 we were forced to move a lot of our services online. There were some great learning opportunities with regard to moving our services online. Now that we have made the transition we have been able to outreach and connect with another population of students. We were able to ascertain that there is value in being able to offer online services as an option. As we have transitioned back to campus our data so far shows that there are different student populations. There are some that prefer the flexibility of online and some that prefer the personal touch of being in person. We at CARES hope to continue to offer a portion of our services for online accessibility. Q24. Thank you for completing the annual update questions for the Fall 2022 PAR! But WAIT!! You might not be quite done yet... **Resource Requests:** Have you completed all your resource requests? If not, go to the Resource Requests Form to add or

If you are not sure whether you need to fill out a survey, then email Lannibeth Calvillo

lcalvillo@chabotcollege.edu or Dean Safiyyah Forbes sforbes@chabotcollege.edu

Categorical Funding Applications:
Please note that some requests can be funded through categorical funds. If your funding request meets the requirements for Student Access Success and Equity (SASE) or Career Education funding, please follow the links below to fill out their applications.

update requests for: contracts and services, equipment; facilities; human resources; professional

development, travel and conferences; supplies and software; or technology.

- The **Student Access Success and Equity (SASE) committee** "develops, leads, and supports campus initiatives that strengthen student access, success, and equity." SASE "provides a platform for collaboration and communication across the college that will result in the coordination of basic skills, student access, success, and equity efforts campus-wide." If you believe that any of your funding requests meet these requirements, then please fill out their application for funding here:
  - SASE Funding Application
  - Please contact the SASE committee with any questions: Administrative Tri-Chair Gabe Chaparro gchaparro@chabotcollege.edu
- Career Education funds are available for projects that: 1) support a program with a CTE TOP code or 2) continue a current project in SWP or 3) are eligible for Perkins Grants or 4) meet other criteria such as core indicators and labor market demand. If you believe that any of your funding requests meet these requirements, then please fill out the CE application for funding here:
  - Career Education Funding Application
    - Please submit one form per project/TOP code, keeping in mind that funding for multiple projects per area is limited.
    - If you are not sure whether you have a program that qualifies for CE funding, please reach out to Christina Read cread@chabotcollege.edu, Administrative Tri-Chair of the Career Education Committee.

